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651-646-2197 X32

# LANCER

## DINING SERVICES

### TODDLER/PRESCHOOL

#### Menu Subject to Change Breakfast & Snack Menu

2020-2021

Monday	Tuesday	Wednesday	Thursday	Friday
8/3, 9/1, 9/28, 10/26, 11/23, 12/21, 1/18, 2/15, 3/15, 4/12, 5/10, 6/7, 7/5				
<b>Breakfast</b> Goldfish Graham String Cheese Diced Pears	<b>Breakfast</b> WG Blueberry Muffin Applesauce	<b>Breakfast</b> Cheerios Mandarin Oranges Toddler Fresh Orange	<b>Breakfast</b> WG Mini Bagel Strawberry Cream Cheese Applesauce Toddler Fresh Apple	<b>Breakfast</b> WG English Muffin Jelly Pineapple Tidbits
1EA 1EA 1/2C	1EA 1/2C	1EA 1/2C 1EA	1EA 1/2C 1/2EA	1EA 1EA 1/2C
1G 1MMA .50F	1G .50F	1G .50F .50F	1G .50F .50F	1G .50F
8/10, 9/7, 10/5, 11/2, 11/30, 12/28, 1/26, 2/22, 3/22, 4/19, 5/17, 6/14, 7/12				
<b>Breakfast</b> Kix	<b>Breakfast</b> Apple Cinnamon WG Muffin Mandarin Oranges Toddler Fresh Orange	<b>Breakfast</b> Strawberry Yogurt Goldfish Graham Banana	<b>Breakfast</b> WG Mini MaplePancakes Diced Pears	<b>Breakfast</b> WG Mini Bagel Regular Cream Cheese Applesauce Toddler Fresh Apple
3/4C	1EA 1/2C 1EA	1/4C 1EA 1EA	1EA 1/2C	1EA 1EA 1/2EA
1G .50F .50F	1G .50F .50F	.50MMA 1G .50F	2G .50F	1G .50F .50F
8/17, 9/14, 10/12, 11/9, 12/7, 1/4, 2/1, 3/1, 3/29, 4/26, 5/24, 6/21, 7/19				
<b>Breakfast</b> Goldfish Graham String Cheese Diced Pears	<b>Breakfast</b> WG Blueberry Muffin Applesauce	<b>Breakfast</b> Cheerios Mandarin Oranges Toddler Fresh Orange	<b>Breakfast</b> WG Mini Bagel Strawberry Cream Cheese Applesauce Toddler Fresh Apple	<b>Breakfast</b> WG English Muffin Jelly Pineapple Tidbits
1EA 1EA 1/2C	1EA 1/2C	1EA 1/2C 1EA	1EA 1EA 1/2EA	1EA 1EA 1/2C
1G 1MMA .50F	1G .50F	1G .50F .50F	1G .50F .50F	1G .50F
8/24, 9/23, 10/28, 12/2, 1/6, 2/10, 3/16, 4/20, 5/23, 6/29				
<b>Breakfast</b> Kix	<b>Breakfast</b> Apple Cinnamon WG Muffin Mandarin Oranges Toddler Fresh Orange	<b>Breakfast</b> Strawberry Yogurt Goldfish Graham Banana	<b>Breakfast</b> WG Mini MaplePancakes Diced Pears	<b>Breakfast</b> WG Mini Bagel Regular Cream Cheese Applesauce Toddler Fresh Apple
3/4C	1EA 1/2C 1EA	1/4C 1EA 1EA	1EA 1/2C	1EA 1EA 1/2EA
1G .50F .50F	1G .50F .50F	.50MMA 1G .50F	2G .50F	1G .50F .50F

WHOLE MILK AGE 0-2 AND 1% MILK AGE 2+

This institution is an equal opportunity provider.

\*This menu follows the guidelines for NAEYC Accreditation



# LANCER CHILD CARE SEPTEMBER LUNCH MENU

**LANCER**  
DINING SERVICES  
menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LABOR DAY CLOSED</b>	<b>Meatball Hoagie w/ Marinara</b> WG Hot Bun Italian Style Vegetables Fresh Banana	<b>Teriyaki Chicken Sandwich</b> WG Slider Bun *Fresh Broccoli Pineapple Tidbits Ranch	<b>Roast Turkey &amp; Gravy</b> Mashed Potatoes WG Tea Biscuit Diced Pears	<b>Cheeseburger Slider</b> WG Slider Bun Baked Beans *Fresh Orange Ketchup
<b>7</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Chicken Fajita</b> WWTortilla Corn Fresh Banana	<b>Sweet &amp; Sour Chicken</b> Fried Vegetable Brown Rice *Fresh Broccoli, Ranch Dressing Sweet & Sour Sauce, Diced Pears	<b>Walking Tacos</b> *Doritos Nacho Chip Refried Beans Applesauce	<b>BBQ Chicken Hoagie</b> WG Hot Dog Bun *Fresh Broccoli, Ranch Pineapple Tidbits	<b>11</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	
<b>Greek Turkey Burger</b> WG Slider Bun Corn, Spinach, Tomato Applesauce Tzatziki Sauce	<b>Chicken &amp; Waffle</b> *Fresh Carrots Fresh Banana Syrup Ranch	<b>Bosco Stick</b> *Fresh Broccoli Diced Pears Ranch	<b>BBQ Chicken Breast Sandwich</b> WG Slider Bun Baked Beans Diced Peaches	<b>18</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Cheese Quesadilla</b> Black Beans Mandarin Oranges Salsa	<b>Mushroom Swiss Burger</b> WG Slider Bun *Fresh Celery, Mushrooms Fresh Banana Ketchup	<b>Cheese Enchilada</b> Spanish Rice *Fresh Carrots Applesauce	<b>Beef Sloppy Joe</b> WG Slider Bun Corn *Fresh Apple	<b>Ranch Chicken Sandwich</b> WG Slider Bun *Garden Salad, Ranch Dressing Pineapple Tidbits
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Macaroni &amp; Cheese</b> *Fresh Carrots *Fresh Apple	<b>Meatball Hoagie w/ Marinara</b> WG Hot Bun Italian Style Vegetables Fresh Banana	<b>Teriyaki Chicken Sandwich</b> WG Slider Bun *Fresh Broccoli Pineapple Tidbits Ranch		
<b>28</b>	<b>29</b>	<b>30</b>		

\*Blanched Carrots for Toddlers  
\*Applesauce for Toddlers

\*Blanched Broccoli for Toddlers

\*Blanched Carrots for Toddlers

\*Applesauce for Toddlers

\*Blanched Broccoli for Toddlers

Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned), 100% whole grains and a variety of lean meats using heart healthy oils and low-salt seasonings. Please visit [dining.lancerhospitality.com](http://dining.lancerhospitality.com) for more information.

WHOLE MILK AGE 0-2 AND 1% MILK AGE 2+.  
ALL BREADS SERVED ARE WHOLE GRAIN.

"This is a special opportunity provided."

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